

'Bounce Back' - *12 Transforming Tales from the Resilient Realtor*

Exciting New Self-Help Book for Resiliency through Real Estate Experiences

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An exciting new self-help book with a twist goes on sale this week - sharing powerful lessons learned in a lifetime of real estate to help people from all walks of life to become resilient, happy and successful.

Whether readers are looking to get ahead in real estate or sales, or simply to achieve new heights of personal development, happiness and success, then 'Bounce Back - 12 Transforming Tales from the Resilient Realtor' is THE essential new self-improvement book - providing a life-changing game-plan for the year ahead.

Written by Judy Ames Stephens, a professional realtor with a profound passion for personal development, the book is designed to help individuals looking to achieve their goals and dreams. Judy wrote it to benefit others with her years of experience and passion for the real estate field, whilst honoring the legacy of her late husband, Bill, who was a hugely experienced realtor and an 'amazing man' who touched the lives of everyone around him with his inspiration, wisdom and insight.

Today, Judy imparts the vital lessons that she learned from Bill, her own life and her professional successes - from becoming an expert sales person to bouncing back from loss and difficulty to show you how to experience a happy, successful and authentic life that truly honors your talents and passions.

'Bounce Back' presents powerful, personal stories of the adventures and insights gained from a life spent working in real estate - whilst dealing with the death of the author's husband, from cancer. Judy brings her own unique charisma and energy to stories of transformation and courage and her dialogue with the reader will inspire confidence, optimism, and faith in the future.

The book is packed with knowledge, usable tips, humor and exercises, plus quotations from song lyrics to illustrate Judy's key messages. Chapters cover topics such as non-verbal communication, bouncing back from adversity, resilient reasoning, finding true motivation, becoming the 'hero of your own life', and developing profound self-belief. Every chapter provides usable 'takeaways' to implement and to see results - this book will stimulate real change and encourage readers to think and act in fresh new ways!

It has been written for both real estate professionals, home sellers and buyers, as well as those simply interested in self-improvement and living the best life that they possibly can.

The author said: "Bounce Back is a collection of my real estate experiences, told from the viewpoint of learning, growing and transforming both my life and my clients. These true stories will help my readers to deal with confrontation and stressful processes of all kinds - gaining resilience and bouncing back to be even stronger than before."

'Bounce Back' will help to open readers' eyes to the power of resilience and the potency of questioning to transform their perspective from victim to hero.

Whether the reader is working in real estate or a sales field, dealing with adversity, or simply looking for the tools and confidence to live a better, more fulfilling and empowering life, then this is the book to change your game in 2017!

Find out more:

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