

Bounce Back

If you are looking to get ahead in real estate or sales, or simply to achieve new heights of personal development, happiness and success, then 'Bounce Back - 12 Transforming Tales from the Resilient Realtor' is THE essential new self-improvement book - with a difference.

The author of Bounce Back - Judy Stephens - has years of experience as a professional realtor, alongside a deep passion for all things relating to personal development. In this inspiring read, Judy condenses her wealth of experience to help people of all kinds to achieve their dreams.

Judy also wrote the book as a legacy to her late husband, Bill, who was hugely experienced as a realtor and an 'amazing man', who touched everyone around him with his inspiration, wisdom and life insights.

She shares the powerful lessons gathered from her relationship with Bill, her own experiences and the insights gained through her professional life - from succeeding as a realtor to recovering from bereavement and loss, in order to help others to lead an authentic, happy and meaningful life.

Now, Bounce Back will help readers to identify their own skills and passions, by relating personal, intensely powerful anecdotes that will resonate on every level. The text is filled with energy, warmth and Judy's own special blend of charisma - allowing readers to be inspired by the tales of courage and transformation and gain new faith and hope in the future.

The book is packed with knowledge, usable tips and exercises, humor bonuses and quirky song lyrics to illustrate the key messages. Chapters cover topics such as non-verbal communication, bouncing back from adversity, resilient reasoning, finding true motivation, becoming the 'hero of your own life, and developing profound self-belief. Every chapter provides usable 'takeaways' to implement and to see results - this book will stimulate real change and encourage you to think and act in fresh new ways!

It has been written for both real estate professionals, home sellers and buyers as well as those seeking to better their lives and achieve their fullest potential.

Judy says: "Bounce Back is a collection of my real estate experiences, written to help my readers to learn, develop and grow through the lessons within. Each true story will help you to manage challenging life pressures and bounce back stronger than ever before."

'Bounce Back' will help open your eyes to the power of resilience, and the potency of questioning to transform your perspective from victim, to hero! Whether you are working in real estate or a sales field, dealing with adversity, or simply looking for the tools and confidence to live a better, more fulfilling and

empowering life, then this is the book for you.

Find out more:

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