

Judy Ames Stephens – (About the Author Sales Letter)

"Don't Give Up!"

"You are the Hero of Your Own Life"

These are the inspirational messages conveyed by author and self-development speaker Judy Ames Stephens in her latest book, 'Bounce Back - 12 Transforming Tales from the Resilient Realtor'.

So who is Judy Ames Stephens?

Judy is a realtor, musical performer and self-development speaker who has written a book about her real estate experiences - but with an exciting twist. Here, she puts the emphasis on personal development rather than how to be a successful realtor. After losing her husband Bill to cancer in 2014, Judy was inspired to create a new type of book on real estate.

With a theme of "bouncing back", to reflect Judy's strength in dealing with the loss of her husband, the book is comprised of Judy's actual real estate experiences. She writes from a viewpoint of growth, learning and transformation, leaving the reader much to think about. All the stories in the book - each fascinating in its own way - are true.

Judy brings her own transformation and personal experience to each tale, demonstrating how you can become your own hero by adopting a stance of pro-activeness rather than that of a victim.

To add to this book's charm, there is a musical theme running through it. Each chapter contains a song lyric to further illustrate the message being portrayed in the chapter, with playlists and links available in the ebook. Bonuses in each Chapter contain a humorous addition.

Some of the chapters include:

- Diamond in the Rough: - Don't judge a book by its cover

In this chapter, Judy demonstrates how to notice and use value even when it is not easily apparent

- Unanswered Prayers: Don't be disappointed by loss. If you wait, it could be even better

Here, Judy proves how not getting what you think you want can sometimes give you a better end result

- Patience and Tolerance - Believe in Miracles: Helping a Vet and Surviving Bankruptcy

The stories in this chapter are proof that tolerance is just another aspect of resilience.

Judy recognizes that buying and selling a home can be highly stressful. She has learnt that resilience and bouncing back from challenges are key aspects of keeping one's head above water throughout this process.

This inspiring book filled with Judy's hard-earned wisdom will be of interest to you whether you are a real estate professional, you are buying or selling a home, or simply if you wish to discover more about self-improvement.

To find out more about Judy and 'Bounce Back', call today.

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